

COSMIC MANDATE

VERTICAL & HORIZONTAL LEADERS

(and Parasites*)

May the true leader stand up

By Han Marie Stiekema

True Leaders

Are connected to the Source
Have overcome their existential angst
Have an inclusive Mind
Have an inner vision, strength and courage
Are selflessly dedicated to the Whole
Are taking the lead

The Ego-Overcompensation Complex

Every decision a leader makes, knowing deep within, that the ego made him to do so, inflicts a damage to his/her soul. Especially those leaders, who have lost any sense of conscience, suffer from it. It is these kinds of "leaders" who aim at controlling the world. This kind of Mega-Ego leads to a complete destruction of his/her innermost core. Every lie, every decision that harms the Whole, becomes part of his/her shadow, often without him/her noticing it. This negativity is piling up unconsciously. However, sooner or later, the whole body-mind is affected. A permanent load of negativity is draining the brain. It may lead to a sudden collapse, mentally and bodily. In the course of his/her career, this accelerated entropy leads to visible changes: the light has vanished from the eyes, the expression of the face becomes ugly, and the emotions are darkened, corrupt and vicious. No wonder, that at the height of their careers, their "souls" confess themselves to Satanism. The Devil is the only "deity" left that resonates with their own rotten souls. So, the Mother turns Her terrible "face" to them. The Cosmos – infinitely more powerful than all demonic entities together - does not leave this "unpunished". As a tsunami, the entire pile of negativity, accumulated during life, will engulf you. It may vary from utter abandonment in old age, afflicted by debilitating diseases, plagued by horrible nightmares, to ugly scandals in the outer world, exclusion, defamation and existential angst. You become the "animal" that you once attributed to those common people that you despised. The iron Law "The first will be the last" has come into force. You will not find any joy, peace, love or fulfilment in your life, ever.

Example of an Ego-profile

Driven by existential angst
Alienated from Reality
(An isolated entity)
An artificial construction, an ersatz-self
Addicted to its self-image
Narcissistic, unreliable, cowardly, irresponsible
Prisoner of his own deceitful illusions
Corrupt, confused, meaningless, unethical
Inferiority-complex
Blown-up, megalomaniacal, overcompensated,
scrupulous, suicidal
To have as the inability to Be
Driven by expansion, greed, profit, exploitation
Prisoner of his/own thoughts
Hunted by agony, problems, stress, burn-out
Knows no true fulfilment
Is devoid of any wisdom, depth, overview, compassion
Ambition at the expense of others, etc.

Ego is the unconscious identification with one's self-image. "Unconscious" because the underlying process is unknown to you. It originates in childhood. The mechanism is to confirm aspects

that you like, while rejecting what you don't like. The result is a "split personality", based on "me" (the one "I am" and "not-me" as the part you reject ("shadow")). Because this personality is based on rather random faculties, the result is existential insecurity. The result is an artificial, isolated entity with no roots in the greater Whole. Being cut off from Reality, the basic emotion is existential Angst. Feelings like inner instability, lack of confidence and inferiority complex are the result. Many people get stuck on this level. They are called "losers". Their daily fight is to somehow keep one's head above the water. To others this feeling is intolerable. The middle class works hard to build a stronger ego. They fight for a better place under the sun, by building their life as good as they can. This group aims at a satisfying middle-class "good" life. They are the "stable" backbone of society. To the third group, usually the ruling upper class elite, this feeling of being vulnerable e.g. inferior is totally unacceptable. Their way out is to turn their inferiority-complex into a superiority-complex. They suppress their troubling emotions, while cultivating "power". The worst thing that can happen is to fall back on their "inner loser". That's why they fanatically cling to their "new identity". Their whole new existence depends on it. To some it is a matter of "life and death".

These are the ones who make it to the top. To have an inner "loser" within has to be avoided at all cost. The deep contempt they feel to their own inner inferiority is then projected into others. That's why they feel "allergic", when confronted with "common" people. "Inferiority" reminds them of their own inner inferiority. These others are "inferior" illegal immigrants, non-believers, untermenschen, "cattle", slaves, mob, vermin or gooks, depending on the situation. The ego-elite attacks in others, what they reject in themselves, their contempt of inferiority. This is mostly an entirely unconscious process. The result is a total absence of any feeling or compassion. This kind of elite feels indifferent towards the suffering of others. They are hard, cold and ruthless. Grabbing money and power is part of their over-compensation. Because this is a one-way process – accumulation – their ego blows itself up more and more. "To have as the overcompensation for the lack of Being". At the same time, they isolate themselves socially, consolidating their inherent inner isolation, making them super-aliens, totally alienated from life, running after their megalomaniacal obsessions to control the world (in fact, controlling their own suppressed parts). The irony is this. The oppressors are the true "inferior" ones. Any moment their blown-up ego may collapse, releasing the suppressed magma-chamber of Angst, fear, insecurity, vulnerability, panic. It is the underlying frustration, powerlessness, rancour, angst that makes them so dangerous. Their greatest fear is "to lose everything". Without their armour of money and power, they are nowhere. Ego-overcompensation is the main pathology of the West. Hence, its racist, misogynist, colonialist, Zionist and imperialist obsessions. Truly sovereign people, on the other hand, don't have the need to put others down*.

*Ultimately, it is their Angst for n(N)othingness; what frightens them is to lose their ego. That's why it is not difficult to predict the outcome of the global "confrontation" between "Big Brother" and Cosmic Mother. The blown-up Mega-Ego is definitely the Big Loser. Jai Mata Di!

*See previous.

"Horizontal" (Community) Leaders

To share your best qualities with others is the greatest joy possible. Rather than spoil them for the sake of personal gain and profit, you contribute to restoring your community. Anything you can do you do. Your family is doing the things that cannot be done by you. Anything that can be done by them, they do. The street is doing the things that cannot be done by the family. Anything that can be done by them, they will do. The things that cannot be done by the street are done by the neighbourhood. Anything that can be done by them, they will do. The commune is doing the things that cannot be done by the neighbourhood. Anything that can be done by them, they will do. The county does the thing that cannot be done by the commune. Anything that can be done by them, they will do. The (autonomous) region does the thing that cannot be done by the county.

To reclaim your spirit, soul and body, your household, your street, your neighbourhood, your commune, your county and your region based on Self-sovereignty is the challenge for the 21st century. Our survival will depend on it. Our political system will undergo fundamental changes. Rather than being governed from "above", we will develop ways of basic democracy, in which the people will take their lives in their own hands. It is a reforming process, in which the existing structures remain - e.g. forms of local government - but brought back and transformed to their natural "organic" functions: bottom up. The people will be choosing their own representatives, rather than being manipulated by political parties, big business and other life-threatening interests. Thus the representatives of the families constitute the body of the street council, those of the streets constitute the body of the

neighbourhood, those of the neighbourhoods constitute the body of the commune, those of the communes govern the county, those of the counties the region, those of the regions the states, and those of the states the commonwealth (The New Europe).

There's not too much fantasy needed to understand that by simply bringing back "the power to the people" many hot issues, dominating the political landscape of today, will simply find solutions by itself. The key factor is to reinstall the community as the foundation of society. Starting with the individual, the family, the street etc. society again becomes an integrated Whole in which many problems will simply disappear. Solidarity, sharing, social justice, health, proper education, safety, environmental protection, care for the elderly and e.g. employment all become part of the communities' responsibility. They will all appear to be interrelated. Once Self-sovereignty has proven its superiority over the current deterioration (chaos), people will find the courage to examine the existing economic system as well. They will find ways to cooperate rather than compete, of co-prosperity rather than just pursuing their own personal interests. The surprise (to many) is that prosperity of the community and that of the individual are interrelated, they depend on each other.

To achieve all this, women play a crucial role. From ancient times on, the tribe mothers were in charge of all daily affairs. Now that the participation of women in business and state organizations increasingly proves to be a failure - 67% of the working American women would prefer to return to full homework, if the money situation would allow it, Dutch women increasingly abandon the competitive work system - women should understand that their careers belong to rebuilding their communities. It is in no way of lower status than a corporate career, on the contrary. While your energies are just wasted in the race for more profit, power or other gains, working in and for the community is rewarding in countless ways. It includes Self-realization, real empowerment, wellbeing- supporting activities, political self-determination, responsibility, working in and for an integrated Whole, a career, the relationship with the environment, meaningful work and a contribution to the future of your children. Thus, in my option women should take the lead here. It is them who have to occupy the most important positions. Their power should have the chance to benefit the community as a Whole. Let us begin NOW.

How this "bottom-up" pyramid of our Community Democracy looks like? Representatives to the higher levels are elected by the Street Community on the basis of integrity, moral quality and performance. He or she gets a seat in the Neighbourhood Council. His or her education/training he/she gets through his/her practical commitment to the community. At each transition to a new level the representative has to pass a test. This is part of his/her "outer training". The inner training consists of the core exercise of Cosmo-Political Practice: to give up one's ego, the renewal through the Origin and to be part of "Heaven, Earth and the New Community". Various strategies and exercises are available to this purpose (See also chapter 39). The result is a training of the Whole person, very much in accordance with the Chinese classical of the "Great Learning" (chapter 39). The day to day practice, the going through various levels, is the representative's way to perfection of virtue. The top can only be reached after passing regular examinations. This top consists of leaders who all have their roots in the community on the one hand, while distinguishing themselves through their excellence, on the other*. They are part of the meritocratic part of the Community Democracy. This is the result of the hard lesson of today's failure of the current Party Pseudo-Democracy, where society increasingly turns into chaos. Societies' structure includes 1. The various levels (from the family, streets, neighbourhood to district, region and new EU) 2. Their representatives at the higher level 3. A governing Parliament (in Germany: "Bundestag"), 4. The Government 5. Government appointed experts (to compare with the "Bundesrat"), as heads of the various "Ministries" and finally a top board of wise men and women, with the "Custodian" as "Chairman". It takes care of the core values of the Cosmo-Political Society.

*Our experts are not managers as we know them. They have an ethical obligation to the people; ultimately they are rooted in Cosmic Law. The latter includes e.g. the Cosmo-Political World View, justice, responsibility, accountability, public welfare, civil rights, the rule of law, freedom of expression, the Community Democracy, the new economy and Earth care. They are sworn in to this.

Food for memory

Core problem of (wo)mankind is the alienation from its original, existential context: "Heaven, Earth and the Community". Because of it, people are "thrown upon themselves". Their existence is reduced to identification with their own self-image, also called ego. Deep within (wo)man knows, that this ego is just a "construction", hence the ongoing exposure to existential insecurity. To tolerate this is

difficult, hence seeking his refuge in overcompensation. He is blowing himself up; being is replaced by having (and power). Because no bounds are set on him, unbridled greed has become system ("ego-catastrophe"). We are standing before the abyss. Nowadays we experience the collapse of this bubble: individually ("burn-out") and collectively (decay of society).

It culminates when "Big Brother" tries to get the whole world in its grip. He dreams of a "New World-Order", in which all of (wo)mankind have degenerated ("gleichgeschaltet") into zombies - willing consumerist slaves. Step by step people get used to it - the addiction to the "virtual world" is just an example - so that (in the end) people surrender to the exploitative, technocratic, one-dimensional system without a murmur. In the depth of this crisis though - what a miracle - the Cosmic Mother has revealed Herself (1977). Since archaic times She is the "Cosmic Womb", which is giving birth to everything new, young, and healthy and to whom everything old, sick, decaying is continuously returning. In physics She is called "Cosmic Vacuum", in Buddhism "Emptiness beyond Emptiness".

Now we understand the "meaning" of individual and collective breakdown, for only Absolute Nothingness can curb the ego. This it does by retracting from him all possibility to identify himself again, something 2000 years of religion hasn't managed to achieve. At the same time the Cosmic Womb - also called "Holy Grail" - is the Cauldron of Regeneration, Renewal and Healing. She is giving uninterruptedly birth to both the Eternal Light ("God") and the universe. By cooperating with Her - through giving up our ego - our "True Self" is born. The Realisation is, that deep in our soul we are divine, something the Church has vehemently opposed for 2000 years. This Rebirth is the most longed for New Beginning of our Western civilisation. Rather than self-centeredness, the blown-up ego, the True Self is granting us a New Identity.

We are Cosmos!

Something we were already, but didn't realise because of our obsession with our ego's. Like clear consciousness, wisdom, and joy of life, inclusivity, connectedness, inner strength, enthusiasm, love, sovereignty, courage and commitment to the Whole. Once again we celebrate to be part of the Whole. Ego's inherent vulnerability, isolation and powerlessness, they forever belong to the past. With our spirit we are part of the "Great Spirit", with our body part of the Earth and with our "soul" part of the (new) Community. From this new Unity insight, inspiration, vision and energy, e.g. for our mission "Cosmic Mother HEALING the PLANET" is arising. Motto: "Healing yourself, healing each other, healing the world". To become a reflection of the Cosmos, to create society in a cosmo-political way, to them the Cosmos is continuously available. These are the fundamentals of a New (Wo)Man creating a New World. "Big Brother" or Cosmic Mother, the "New World Order" or the Eternal Cosmos, this "battle" is resolved right from the beginning. The Eternal Realm of the Mother - the sacred Unity of Cosmos, Nature and (Wo)Man - which has never entirely disappeared will triumph forever.

Cosmic Order
We are part of society
Society is part of the earth
The earth is part of the universe
The universe is part of the Divine
The Divine is part of the Cosmic Mother

"Vertical" (Cosmic) Leaders

Seven criteria

It was only a matter of time that "spiritual leadership" became popular. It creates the feeling of something important about to happen. Because isn't spirituality the opposite of materialism and everything that is related to it? The question is: do these "spiritual leaders" comply with this criterion or is it - not for the first time - once again intentionally misleading? In order to find that out I mirror the candidates to various criteria.

From the Spirit

"Spiritual" means "from the Spirit". (Spirit)Mind with a big M to be sure. There exists also a mind with a small m. The difference is that the former is your inner Divine Spark, while the second complies

with thought processes, their self-image. Spiritual leaders are those who live, work and lead with the Spirit Mind. This Spirit is bigger than their small selves. This means that your power and talents are in the service of the Great Spirit. The former are serving the latter. Spiritual leaders lead, while being led. This implies that they lead by obeying their innermost Core. With common (political) leaders, this is just the opposite. They lead with their small self. They think high about themselves, but are in fact (spiritually) nothing. While those who are "nothing" in reality are everything. An example i.e. is Gandhi.

If "leading through the Spirit" is a pre-condition, you have to first possess that Spirit. Or to put it differently: the alive Spirit should live within you. Actually, everybody lives "in the Spirit" and the Spirit in you, but not everyone knows this. Everybody is a Buddha, but only a few have actually realised it, e.g. "Are what they Really Are". To people who claim "spiritual leadership" or are presented like that, this isn't arbitrary. Their right to exist is at stake. If their leadership is coming from the Source, then they are true leaders. Their inner quality is their (only) standard, while common leaders (with respect) work through their small self, only: through ideas, concepts and goals (and that is already quite something.....).

False elite

People addicted to money and power. They are empty balloons, for if their support system collapses, they collapse with it.

Pseudo elite

Those who have identified with some "higher goal", while looking down on the "masses". They all suffer from an overcompensated ego.

True elite

People who are selflessly serving the Whole. Their minds and hearts are Cosmos inspired, all-inclusive. You can rely on them.

Misleading are often appearances. The previous pope, e.g. obviously, is the leader of the Catholic Church. But is he a *spiritual* leader, as well?* Everybody says so, but is that complying with Reality? From the criteria of "God-Realisation" there are grave doubts. O, sure, he is doing his utmost to impress people with his "holiness", but the fact alone, that it takes him so much effort is an indication for not "having the Spirit". Compare him with any Zen monk, the latter clear, free, spontaneous, natural, full of joy and humour.....The pope, on the other hand, "tormented", unnatural, constantly pretending what he is not. If this is the case with the pope, how is it with lesser "gods" among us? While the new pope cleverly hides his dogmatic hard core under a layer of spontaneity and "openness".

* To a catholic priest, it is even undesirable to be holy i.e. spiritual. Already in the first centuries of Christianity it was decided that he should be a functionary of the Church, only! The pope thus finds himself between two stools. "Poor" man.

Spiritual Realization

What we know about Mother Teresa (through self confession in her own diary!) is, that she begged her whole life for God-Experience, but never tasted it. No doubt, she was a great leader, but a *spiritual* leader, as well? The "solution" in such a situation: If you ARE not IT, then you identify with it, you try to become it though desire, you try to grasp it..... "Da eben wo Verwirklichung fehlt, da stellt zur rechten Zeit eine Identifikation sich ein...."(after Goethe). Or like Dutch say: "Ben je het niet, dan maak je je ergens meester van" ("If you are NOT it, then you just grab it). To have a few good ideas, something everybody can, even if it concerns "spiritual ideas" is easy. Unfortunately, concepts, ideas and goals, however "spiritual", don't make you a spiritual leader.

A tree is known by its fruits. At first sight you wouldn't say so, but Being is recognized by having! With other words, if Being - the Spirit - is a true one, then it will have consequences for having. It can be compared with another quality of Being: love. If there is love, then you don't need too many things. "He/she lives "from the wind" is what people say. So full of joy you are. With Being it is the same. People who "live in the Spirit" - and especially those who claim to receive leadership from there - live a (very) modest material life. Is there a discrepancy, then one should doubt his/her qualities of Being.

Thus, there is many, who are hidden materialists, but who pretend to be "spiritual". Because the lack of inner reference, they constantly worry about their "spiritual presentation". Everything depends on how they impress others. If, on the other hand, you are TRULY spiritual, you don't care about that. You also wouldn't take lucrative jobs, while preaching to others that they should lead a simple life.

Instead, you take the lead in sharing the concerns of the people around you, e.g. if they - just like you - have housing, a reasonable income, can afford to buy organic food, or - in case of middle incomes - have enough money to install solar panels on their roofs.

Being rather than having

It becomes more serious, when "smart" manager boys and girls are putting spirituality in the service of big business. Just like multinationals plunder the resources of the Earth, so they do with spirituality. They grab ideas from everywhere and do as if they invented the wheel. They offer trainings in "being your self", "mindfulness", "vision quest", "flexibility", "optimizing energy" etc. The latter are supposed to be so-called "personal goals" only, carefully avoiding the true PURPOSE BEHIND "spiritual" self-improvement: the fact that spirituality has to serve the material aims of the company/organization: power, control, effectiveness, profit maximization, economic growth, and exploitation and finally.....injustice.

To lead by example

Leading by example means: You preach what you live and you live what you preach. Spiritual leaders live in the Here and Now, while sharing this with others. They share what they ARE. If you open up e.g. are close to such a person, then you will feel and see. Some call this "charisma" e.g. "the Spirit that is coming through". A spark may jump over. Despite all problems that (obviously) exist, you feel energized by an indefinable joy. The goal you try to reach - peace, happiness, justice - is suddenly there for a moment. You feel inspired by his/her example. This contrary to common leaders/politicians. The latter promise all kinds of things e.g. are projecting everything into the future, because they are not what they say. It is prove of their impotence, because how can they create a new world without first having renewed themselves?

Compassion is a quality, inherent to every human being. Ordinary leaders have it, as well (although apparently less and less). However, this kind of compassion stems from the small limited self. This isn't a denunciation, on the contrary. Those who are able and willing to commit themselves, belong to the best of (wo)mankind. However, *spiritual* leaders possess a surplus value. Aren't they working through the unlimited Spirit? That's why they can be recognized by their service to the Whole. Their actions are all-inclusive. It means, that they transcend "party programs", "charters" and "declarations of intention". They possess an inner and outer freedom toward the political system. From their unique position they change the system, but are never part of it. Like the one, who once said this: "Behold, I make everything new".

Leaders who behave according to party politics, are rarely (never) SPIRITUAL leaders. Also those, who lock themselves up in far away offices and bureaucracies, surrounded by computers, paper and meetings contradict themselves. Serving the Whole, on the other hand, is including everything, without exception. Once you REALLY experience this, you will be committed to all people, yes, all "living and non-living" beings. Your connectedness is visible through true effort(lessness) and solidarity. You live close to reality, small and big. All great spiritual leaders - think again of Gandhi - live among and for the people.

Another criterion is that spiritual leaders share everything without restriction. They are giving leaders. It is a sign of inner abundance, and that is, in its turn, proof of their direct contact with the Source.

*And what do you benefit, if you gain the whole world,
but lose your own soul?
(Bible, Mark 8:36)*

As Above, so Below

Service to the Spirit unavoidably collides with the current socio-economic system. Isn't the latter based on rude self-interest, after all? Therefore, spiritual leaders are NOT the servants to the ruling powers. If, on the contrary, they give cries that favour the existing system, one should doubt their motives. This is particularly true for our times. Aren't we on the verge of committing suicide? Everybody agrees, that sustainability - life on this planet - can only be achieved through radical change. The spiritual leader is like a Maitreya, who takes the lead in guiding the people towards liberation. A true leader receives the blueprint of a New World through his unity with the Whole. We are all part of the Whole, but the spiritual leader has insight e.g. knows how to restore this

connectedness. That is his/her secret. I call this "to Restore the Unity with "Heaven, Earth and the (new) Community". It is our integral self-definition.

Quite some CEO's seem to go for management theories like "evolutionary leadership". An appetizing esoteric cover has to conceal that it is all about the "Will to Power". The guru's of this movement are the "prominent" examples of it. They are the proof of the fact that a "nice" philosophy doesn't make you a *spiritual* leader, yet. To the contrary, in most cases this serves as a cover up. True leadership is a calling, a conscious choice for a spiritual Path, in which deep connectedness, selflessness and service prevail. Qualities that usually emerge only after a life with trials and errors, exercise (meditation), surrender and service to the Whole. To those, who (still) have a little difficulty to understand where this is all about:

"And the devil took Jesus to the mountain and showed him the world. Lord, he said, "if you serve me, I will give you all that is at your feet". Jesus said "Go away Satan".

***The Parasites**

While true Teachers and Leaders are rooted in "Heaven, Earth and the Community" and as such Hopefuls to (Wo)Mankind, the current "elite" rules through accumulating money and power stolen from the people. These "leaders" and our Leaders thus have nothing in common. To the Parasites common people is just a reservoir of workforce to be treated as slaves. The choice is ours: do we want to be Zombies or Cosmic (Wo)Men?

To pay the price

The true spiritual leader pays a price for his courageous, self-sacrificing role. The ruling elites - those who defend their privileges tooth and nail - will not reward him/her. That makes his work a "thankless" one. He/she often cannot count on appreciation, respect, let alone support from the rulers. This is proof of this/her authenticity! He/she will be able to carry out his task despite all difficulties. His/her fulfilment consists of operating in harmony with the Whole. He/she is paying the price of (initial) loneliness, misunderstanding and rejection. If, on the other hand, he would succeed - through wisdom, compassion and skills - in enthusing people, he/she may eventually (perhaps) receive a well-earned recognition and appreciation. Often it is only those lucky ones, who, with the right effort and at the right moment, are placed in the right situation.

If, after having read the above, it would appear that you are "just" a common, good, inspired, decent, talented, reliable, committed and altruistic leader....there is nothing wrong with that! In these most critical of times you are direly needed.

What about my own leadership abilities? Well, honestly, speaking from my common "I", I have never thought about it. At the beginning of my "career", I was simply very fascinated by healing people. For that, I devoted my life. Later, after my Great Experiences, the centre of my "personality" had changed totally. This New Self is even more "outspoken": there is only one career left: A Cosmic Career.

When I bring everything to one point, then my life is driven by one desire only: that people may return to Reality, that they become part of the Whole, once again, recognizing the Cosmic Mother as the Ultimate Dimension, the only One that can Heal the Planet. This is so incredibly fulfilling, that in my life personal wishes have totally disappeared. I am a "prisoner of the Eternal", hence my freedom is absolute.

Practicalities

GREEN MEN & WISE WOMEN

International Training Centre
"TRANSFORMATORIUM"

(Branch of our International Pilgrim Site)

Its Mission:

Spiritual Service, Health Service, Community Service, Earth Service

A Three (Six) Month's Training of Spiritual Leaders - Green Men & Wise Women – for a New World

"Together building a New Culture is the greatest challenge possible"

To study under the guidance of a Universal Wisdom Teacher * Based upon direct transmission between Master and pupil (*Ashram System*) * In which your own Realisation stands central * Supported by a "monastic daily schedule" (*The Universal Way*) * Open to highly motivated students i.e. those who want to commit themselves * Training in Spiritual Service, Health Service, Community Service and Earth Service * Becoming affiliated to the Great Tradition of Green Men & a Wise Women * Helping people on the Road Within and the Road Without * Cooperating with others to Save the Planet

Curriculum

Inspiring, renewing, enlightening, empowering,
connecting, confronting, humerous.....

SPIRITUAL SERVICE

Kicking the habit

Everybody is addicted to the ego. It is the core of today's global crisis and therefore of great concern. Hence, the first step is to acknowledge this fact. Followed by some days of a "kicking the habit" e.g. detox program. Those who successfully completed it are invited to join our:

See: www.vitalworld.org "**Stress, Burn-out & Regeneration**"

Daily "monastic" schedule

(Healing Communities)

Theory and practice based on three pillars: 1. Back to the Origin, 2. A "monastic" daily schedule and 3. Serving others. Every candidate spends three months in a Healing Community.

See: "**Sovereign Living**", "**The First Steps**" (overview) and "**Healing Communities**"

The Original Tradition

In these most critical of times * In which everything is in decay * we go back to the Origin in order to Become Renewed * Once our True Self is born we will be Part of the Whole - Heaven, Earth and the (New) Community - once again!

Development of New Ethics e.g. Values based on Cosmic principles.

See: "**MatriTalks**", "**Cosmic Mother Healing**", "**Existential Consciousness**"

Study of the Tradition of the Universal Cosmic Mother e.g. Essence and Evolution of "Green Man" and "Wise Woman" in various religions and cultures. Guidelines e.g. The Parsifal myth and the Maitreya Mind Training.

See: "**Restoring the Wholeness of Life**", "**The Original Tradition**", "**Twelve Religions**", "**Great Mother Buddhism**"

Retreat Intensive

Based on the Universal Way e.g. 1. Awaken!, (mindfulness training) 2. Personal integration (a.o. through emotional self-integration) 3. Being rooted in Heaven and Earth (Heaven and Earth Exercises, Tiendi Qigong, Sanctifying Nature) 4.

Breakthrough of the Light (Ma-Zen) 5. Purification/Catharsis (Chinese Guasha therapy) 6. Taking refuge in the Ultimate (contemplation and mantra) and 7. Service (to the community)

See: "**The Universal Way**"

Great Night Initiation

"Final" taking refuge in the Cosmic/Dark Primordial Ground. Solitary stay in a Dark Room. Confrontation with the ego and unprocessed emotional contents. Inner transformation through "Death" and "Rebirth". Birth of the Inner Light or True Self.

See: "**The Great Night**"

Cosmic Spirituality and Science (CSS)

Science and spirituality are interwoven. Study of Cosmology (physics) therefore is an integral part of your curriculum.

See: "**The Supreme Design**", "**Universal Teaching**"

Competence

Spiritual Advisor/Guide. Teacher of the Original Tradition. Trainer of the Universal Way. Initiator of Healing Communities.

HEALTH SERVICE

A New Health Care

As model for the near future, consisting of three echelons: selfhelp, holistic and technological medicine.

The Principles of Cosmic/Integral/Natural/Evolutionary Medicine

"Flow System Therapy"

A breakthrough in holistic-medical thinking and practice, in which basic metabolism (health as the dynamic balance between input, processing and output of nutrients) plays a central role.

Mother Healing

To give up the ego is the most crucial step in healing yourself, each other and the planet. Including the "Mother for Mothers" Project.

See: "Mother Healing", "Mother for Mothers"

Personal Health Plan

Self-help health program, consisting of 10 steps during 6 weeks. An indispensable experience on the road to optimal health.

www.vitalworld.org

Pain Therapist

Spiritual, emotional & physical through training in the unique Chinese Guasha therapy ("Stone Age Therapy for Modern (Wo)Man").

Head of the Department

Master MeiMei Yu, MA, teacher & therapist
from Beijing, China.

See: www.vitalworld.org & www.meihan-guasha.nl

Competence

Advisor New Health Care. Holistic Health consultant. Chinese Guasha Therapist, Leader "Cosmic Mother Healing Shrine".

COMMUNITY SERVICE

Once you commit yourself to the Whole, the Whole will commit itself to you

Self Study Culture Renewal

Recommended are the 10 Steps of our "Healing the Planet" initiative: The New Cosmology, The New Tradition, The New Science, The New Economy, The New Health Care, The New Society, The New Woman/Man, The New Education and The New Earth.

E-learning, see: "Healing the Planet"

Competence

Initiator/facilitator of social change in the community, focussing on Community Democracy, peace, justice and sustainability.

EARTH SERVICE

In which all previous learning is integrated

Trainee

Evaluation of the Training through spending at least one month participating in organic agriculture, with sustainable energy projects, nature conservation i.e. sacred landscape initiatives, helping people survive in environmental disaster area's, etc.

See: "Healing the Planet" & "Sacred Heritage"

Supported by e.g.

Mother Quest in the Wilderness

Restoring unity with Cosmic Mother, the Light, the Earth, yourself and the world. E.g. Body-aware walking. Fasting. Sanctifying Nature (Heaven & Earth Exercises/Tiendi Qigong). To develop compassion.

In the summer in the mountains; in winter in tropical rainforest; sometimes in the desert.....

Sanctifying Nature

Inner balancing through "Heaven & Earth Exercises" (Tiendi Qigong), the only Qigong that achieves Oneness with nature through Wu-Wei (effort through no-effort).

Competence

Depending on your experience.

Candidates may apply by letter.

Contact us

PROFESSIONAL CV

Han Marie Stiekema, physician 1972 University of Groningen, NL. Specialization in German Holistic (natural) Medicine (Ganzheitsmedizin). Pioneer in Holland. Internationally renowned clinical center (1972-1978) very successfully treating major chronic disease. Additional emphasis on fasting therapy, inner body cleansing, regeneration, health, lifestyle and prevention. Organic garden. Later psychotherapy and spirituality, as well. Introduced action for peace through fasting-meditation peace-walks (1981-1984). Founded the Living Zen School (1981). Numerous articles, radio and TV performances. Co-editor health magazine. Teaching Christian mysticism (Hadewych, Eckhart, Suso, John of the Cross, Teresa of Avila a.o.). Teaching fasting and meditation to Trappist monks. Worldwide lecturing a.o. Europe, USA, Caribbean, Dubai, China. Stayed one year in Japan (teaching Zen-meditation to Japanese), one year in Hong Kong (1990). Director of School for Natural Medicine (1992). Founded Earth Care, an eco-spiritual initiative. Initiated and developed a Spa Centre in 5 star hotel on Madeira, Portugal. Worked half a year in a hospital for the poor in Curitiba, Brazil (1998), besides a hypertension project, in collaboration with WHO Healthy Cities, together with his Chinese wife MeiMei, a talented MA regional development/epidemiologist, later a teacher/therapist of TCM. Author of (spiritual) poetry ("Omni-verses"). Re-opened health clinic, his wife taking care of teaching/treatments Traditional Chinese Medicine (specialized in Chinese Guasha therapy, nutrition) (1998). Wrote handbook holistic health - Flow System Therapy - a breakthrough in medical theory and practice (1999). Again, focus on spirituality, ecology and culture renewal. Published some 12 books - a.o. on spirituality, ethics, philosophy, anthropology, health, cosmology, sociology - and numerous articles on various topics for free in the internet (2000). Initiator PilgrimCare along the Camino de Santiago, Spain. Senior teacher. Lecturing in Santa Monica and Hollywood (USA). Initiated culture renewal through the "European Green Man & Wise Woman Pilgrim Network" project. Has found his life-mission with the The Original Tradition/Healing the Planet/One World Community project. Publication of Sacred Book "Origin".

Can we still be saved?

Every second.....a piece of forest of the size of a football stadion is disappearing....The cause? The spiral of ongoing overproduction and overconsumption ("To have as the inability to Be"). We have to stop exploiting the Earth in order to replace it by a life of balance on all levels: spiritually, emotionally, socially, economically.....It is urgent.....Therefore, in these most critical of times, SermeS will be travelling the world, settling down for some days/weeks/months at various places, creating a sanctuary for all those who want to consult him. Together we will find solutions to the crisis we are in....

Spread the Message

Please, send this Book & website (www.healingtheplanet.info) to your neighbors, friends and colleagues, with the request to pass it through to their friends etc.... moreover, to your local news paper, radio and/or TV station.....to your local spiritual, religious, community and political leaders....

Moreover

It would be a great honour to the SermeS to be the guest speaker at your (annual) meetings, assemblies, conferences, synods. seminars, events, sessions and councils

**If, deep within, you feel the calling of becoming a
Spiritual Teacher for life, you may consider to
join the Reborn Order. Please, go
to the next chapter**

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